

October

2020

September						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

November						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
				Conditioning Group1: 3:30-4:30 Group2: 4:30-5:30		
4	5	6	7	8	9	10
		Conditioning Group1: 3:30-4:30 Group2: 4:30-5:30	Zoom - Online Habitudes #4 2:00 - 3:00 pm	Conditioning/Hit Group1: 3:00-5:30 Group2: 3:00-5:30		
11	12	13	14	15	16	17
		Conditioning Group1: 3:30-4:30 Group2: 4:30-5:30	Zoom - Online Habitudes #5 2:00 - 3:00 pm	Conditioning/Hit Group1: 3:00-5:30 Group2: 3:00-5:30		
18	19	20	21	22	23	24
		Conditioning Group1: 3:30-4:30 Group2: 4:30-5:30	Zoom - Online Habitudes #6 2:00 - 3:00 pm	Conditioning/Hit Group1: 3:00-5:30 Group2: 3:00-5:30		
25	26	27	28	29	30	31
		Conditioning Group1: 3:30-4:30 Group2: 4:30-5:30	Zoom - Online Habitudes #7 2:00 - 3:00 pm	Conditioning/Hit Group1: 3:00-5:30 Group2: 3:00-5:30		
1	2	3	4	5	6	7